





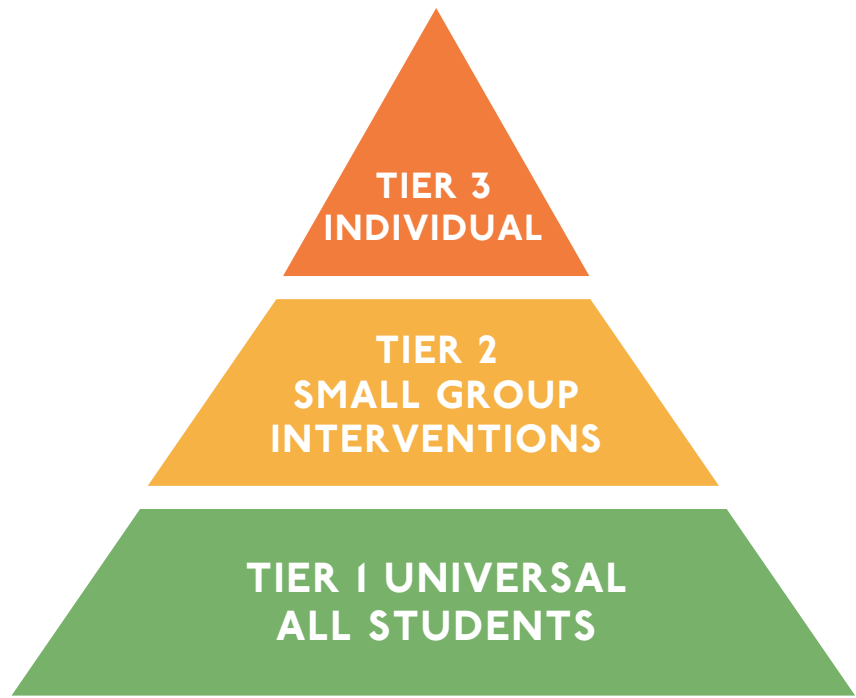
Tier 2 Intervention Supports

A comprehensive approach to targeted interventions

Move This World has broadened its range of resources to accommodate a variety of learning needs through new Tier 2 intervention supports. These dive into targeted skill areas to assist small groups of students who are grappling with issues related to self-management, social skills and decision-making.

WHAT CAN YOU EXPECT?

-  Ready to use lesson plans & materials
-  Targeted skill support
-  Grade banded content designed for small group work
-  Content that is aligned with MTW's Tier I curriculum



TARGETED SKILLS

- Recognizing Emotions
- Expressing Emotions
- Managing Emotions
- Impulse Control
- Recognizing our Strengths
- Active Listening
- Social Perspective Taking
- Respecting Others
- Building Positive Relationships
- Forming a Growth Mindset



TARGETED SKILLS

- Recognizing Emotions
- Expressing Emotions
- Managing Emotions
- Impulse Control
- Social Perspective Taking
- Respecting Others
- Building Positive Relationships
- Resolving Conflict
- Goal Setting
- Building Responsibility



TARGETED SKILLS

- Understanding Our Emotions
- Managing Emotions
- Managing Stress
- Understanding Others
- Building Confidence
- Building Resilience
- Strengthening Communication Skills
- Maintaining Positive Relationships
- Resolving Conflict
- Goal Setting
- Building Accountability



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SERVICES

Strong SEL communities are built and sustained by educators. Increase the effectiveness of your SEL efforts through MTW's educator wellbeing sessions and program enrichment workshops.

For well over a decade, Professional Development has been central to our approach to teaching social emotional skills. We offer a unique approach as our sessions are designed to help increase program effectiveness as well as support the social emotional health of those responsible for working with students. As stressors in the world and in school increase, it's clear that staff and student wellbeing has grown from an important issue to an urgent matter.

We've taken decades of expertise to develop and refine our offerings to meet the needs of educators across the country; all of which can be delivered in-person or virtually.

Take a moment to review our offerings and determine which are appropriate for your staff this year.

“...equipping educators with tools to...sustain themselves in their difficult and often relentless work.”



EDUCATOR WELLBEING SESSIONS

“One can't fill a glass from an empty pitcher.” Our sessions are designed to imbue educators with tools and practices that will sustain and support them as they traverse the changed world of teaching - and teaching SEL.

ENRICHMENT WORKSHOPS

Designed to equip educators with best practices to support effective implementation of Move This World's Social Emotional Learning Program.

EDUCATOR WELLNESS EXPERIENCES

Gift the gift of authenticity, connection, and wellbeing to your team.

Move This World's educator wellness experiences are designed to create a space for your team to process and reflect, celebrate, connect, and set goals related to their personal and collective wellbeing. For well over a decade, these sessions have been a leading approach in the field to strengthen adult Social Emotional Learning. Our sessions are designed to equip educators throughout the country with the tools and strategies they need to navigate the stressors in our world and schools.

Staff wellbeing has grown to be an urgent matter in education. Take the next steps to emotionally sustain and support your teams by scheduling a session with Move This World.

“...staff wellbeing has grown to be an urgent matter...”



Each session cultivates a safe space to reflect and express as a group. You can expect:

- Creative warm-ups that incorporate embodiment and improvisation
- Social emotional learning objective-specific exercises
- Visual and written components
- In-depth debrief and dialogue related to the theme
- Individual and team planning for positive transformative action
- Closing reflections and take-aways

SESSION OFFERINGS

Our team will work with you to create a plan to address the climate and culture in your building(s) and your social emotional learning goals. Workshops range in length and are delivered in-person or virtually. For an optimal experience, in-person sessions should be limited to 35 participants and virtual sessions limited to 25 participants.

Self Care for Personal & Professional Wellbeing

LEADERS EDUCATORS

Goal: Provide tools to understand & identify the root causes of stress, implement strategies to practice mindfulness, and lead by example in inspiring self care and personal sustainability for your communities.

Session I: Foundational

- Reflect on challenges and stressors
- Explore strategies and techniques to manage stress
- Practice mindfulness and set personal intentions for self care

Session II: Advanced

- Discover root causes of stress, conflict and disconnect in yourself
- Create an action plan and accountability system in managing stress and practicing self care
- Identify ways we can model and strengthen self care for our school communities

WELLNESS EXPERIENCES

Reflect, Reset & Recharge

LEADERS EDUCATORS

Goal: Provide an opportunity to reset from the challenges and stressors present in the year, come together to reflect on lessons learned, identify areas of improvement, and create a plan to support one another to achieve goals.

Session I: Foundational

- Reflect on the year so far- the successes, challenges, and failures amongst ourselves and our students
- Identify areas of strength so far- and a plan to continue to elevate those successes as we move forward
- Reflect on how we did individually and as a community in achieving our goals

Session II: Advanced

- Identify areas for growth and improvement and a plan for developing those deficits as we move forward
- Set individual and community intentions for times of pause and reset
- Create an action plan to achieve our collective goals as we move forward

Leading with Empathy and Personal Sustainability

LEADERS EDUCATORS

Goal: Equip leaders and educators with tools to strengthen their personal emotional resilience, build a problem solving culture, and implement and sustain an environment for healthy conflict resolution, inspiration, and social and emotional wellness.

Session I: Foundational

- Cultivate an environment for clear communication
- Develop emotional awareness, particularly in the classroom and school environment
- Strengthen your personal emotional resilience
- Build a problem solving culture

Session II: Advanced

- Implement strategies for conflict resolution
- Recognize opportunities to take action toward your personal and professional wellness and sustainability
- Lead effectively and inspire those around you

Team and Community Building

LEADERS EDUCATORS

Goal: Equip your school community with tools to improve communication, appreciate diverse perspectives, strengthen relationships, and improve collaboration, internal support systems, and school culture.

Session I: Foundational

- Improve communication skills amongst staff
- Support diverse perspectives
- Identify others' emotions and body language
- Strengthen relationships for improved productivity and school culture

Session II: Advanced

- Discover root causes of stress, conflict and disconnect in yourself and your team
- Identify areas for improving internal support systems
- Recognize opportunities to take action
- Create action plans for effective team support and increased collaboration

“With Move This World’s professional development, we are able to be truthful with ourselves and with one another. These truths allow us to address some much-needed struggles we all go through in a healthy way.”

Madeline Scheffler, Teacher,
New Bridges Elementary School,
NYC



WELLNESS EXPERIENCES

Coming Together in the Face of Crisis: Moving Through Tragedy

LEADERS EDUCATORS

Goal: Provide school/building communities with space to reflect on challenges and ruptures in ourselves and communities and create a plan to allow us to move forward in supporting one another.

Session:

- Reflect on challenges, struggles and ruptures in ourselves and our community
- Share where we need individual and collective support
- Identify offerings and contributions to others in our community
- Create a positive action plan to allow us to move forward

“Once again, I have gained a reflective perspective about myself and how I respond to situations. With others being trained we will all begin to work together towards a common good.”

Debra Washington, GT Teacher/ Bridges Site Coordinator Howard County Public Schools



Back to School With a Fresh Start

LEADERS EDUCATORS

Goal: Equip school communities to manage the stress of the back to school period, reflect on lessons learned, and set intentions for the year ahead.

Session I: Foundational

- Manage the stress and chaos that comes with back to school time
- Reflect on the past school year - the successes, challenges, and failures
- Identify lessons learned from the past school year and areas for focus
- Share and connect on summer experiences to strengthen relationships and community

Session II: Advanced

- Set personal intentions for how you want to feel, how you want to make your colleagues feel, and how you want your students to feel
- Set collective community intentions for how you want to make each other feel, how you want your community to feel, and the culture and climate you're cultivating
- Create an action plan for community and culture building in the new year

Program Integration: Applying Your Experiences into Daily Practice*

LEADERS EDUCATORS

Goal: Support schools implementing MTW's student-facing curriculum with integrating their personal experiences from our wellness experiences into daily practices with students and colleagues.

Session:

- Align Move This World to your district's Social Emotional Learning initiatives
- Understand how Move This World's SEL Program meets the diverse needs of students and provides ample opportunity for students to express their voice and explore their interests
- Use Move This World Social Emotional Learning exercises to support best practices and coaching with teachers as they practice their own SEL skills and strengthen SEL in their students
- Effectively model the use of Move This World and its resources to cultivate social emotional wellness for all staff and students

*This is designed as an enrichment workshop that can be added to any of the wellness experiences.

ENRICHMENT WORKSHOPS

Move This World is much more than just a curriculum. It's an experience. Level up your school or district's SEL initiatives to make the most of MTW.

Our Enrichment Workshops are designed to enrich the delivery of the Move This World student-facing curriculum through tailored training to support your teachers and staff. These sessions help your team maximize your school's SEL efforts by reviewing best practices for the program and giving your team the time and space to set goals, evaluate progress, and celebrate success.

As always, additional Coaching Sessions, tailored to meet individual, small group, or district-wide needs, are available to you. This is an opportunity to expand the practice and feedback reviewed in the regularly scheduled Coaching Calls.

Partners work with their program manager to identify the workshop(s) that best fit the needs of your school community.

“...buy-in by the adults in students' lives is important...”



Integration for Teachers: Maximizing Move This World in the Classroom

LEADERS EDUCATORS

Goal: Provide support in implementing Social Emotional Learning in the classroom in order to maximize student engagement, academic integration, and consistent practice and achieve goals surrounding skill development and climate and culture building.

Session I: Foundational
Recommended for year 1 partners

- Review relevant MTW programmatic updates
- Establish goals & expectations for use of Move This World's student-facing program
- Identify key milestones for successful implementation
- Discuss best practices around engagement, virtual adaptation, academic integration, and integration with other SEL programs
- Review MTW teaching components & different types of creative practices

Session II: Advanced
Recommended for year 2+ partners

- Review relevant MTW programmatic updates
- Uncover personal and community-wide social emotional learning goals
- Measure & reflect on SEL related progress
- Set & establish personal and team actions for meeting goals
- Review and practice strategies for leveraging MTW platform to maximize SEL engagement

The SEL Journey: Evaluating End of Year Progress

LEADERS EDUCATORS

Goal: Provide an opportunity to reflect on the experiences of the school year, how they have contributed to progress towards SEL-related goals and how we can leverage lessons learned to action plan for the next school year.

Session:

- Evaluate SEL successes and challenges of the year, including what went well, what you have learned, what you are proud of, and what you would do differently next year
- Develop action plan to meet future SEL goals and establish team accountability

WORKSHOPS

Integration for Support Staff: Maximizing Move This World Throughout Your School

LEADERS EDUCATORS

Goal: Equip all of the adults in your school community with an understanding of the core components of Move This World's program, including the common language, creative practices, and strategies for integrating MTW into school culture.

Session:

- Explore ways we can bring play, creativity, joy and fun into social emotional learning teaching & support
- Review Move This World's core teaching components, common language and MTW digital platform
- Establish practices for integrating MTW into regular routines, across multiple settings, and in conjunction with other district specific SEL and wellness related initiatives & programs

Adult and Family Connections: Working to Strengthen Social Emotional Wellbeing at Home

LEADERS EDUCATORS FAMILIES

Goal: Build connections between school and the home in order to understand Social Emotional Learning and how those skills can be used to strengthen family engagement, equity, and a common language for addressing stress, conflicts and our feelings.

Session:

- Build home-school connections by establishing a common language for how we talk about stress, conflict, feelings, and what we can do with those sensations
- Understand how Social Emotional Learning supports equity
- Develop an understanding of Social Emotional Learning and how Move This World can help to strengthen mental, social and emotional wellbeing at school and at home
- Utilize Move This World's videos and extension exercises to support family engagement and strengthen social and emotional wellness

Building Your Why

LEADERS EDUCATORS

Goal: Provide support in building understanding and buy-in for Social Emotional Learning and maximizing school wide engagement across scenarios and experiences.

Session I: Foundational

- Effectively model the use of Move This World and its resources to cultivate social emotional wellness for all staff and students
- Explore, understand and internalize the 5 core competencies of Social Emotional Learning- Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Decision Making
- Understand how Social Emotional Learning supports equity and impacts students' academic scores, behavior, relationships and long-term success.

Session II: Advanced

- Discuss ideal student engagement across a variety of scenarios and experiences
- Understand social emotional needs of students to drive instruction
- Discuss strategies for encountering and navigating resistance and engaging students to take ownership of their social and emotional wellbeing
- Develop action plans for meeting students where they are in their SEL journey

